

EMPOWERMENT TRIANGLE

KEY = SELF-AWARENESS

CREATOR

Accepting own vulnerability, realizing they have power too, thinking about options.

Skill: problem solving

RESCUER



COACH

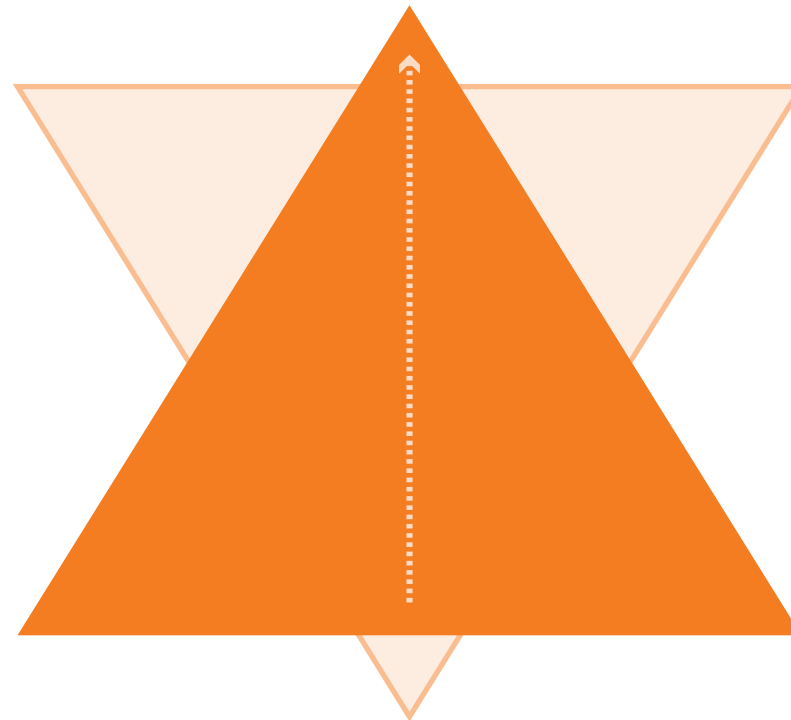
Caring. How can I help you (instead of just taking over). *Skill: listening*

PERSECUTOR



CHALLENGER

Assertive. Constructive way of getting needs met (without punishing). Call forth growth in others. *Skill: assertive*



VICTIM